



Beauty treatments, Holistic therapies & Wellbeings

The Garden Retreat Health & Beauty

Est. 2011

At Taurus Crafts

Price List 2024

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www.gardenretreatbeauty.co.uk

www.facebook.com/thegardenretreathealthandbeauty

www.instagram.com/gardenretreatbeauty

HANDS & FEET

'Navy' Mini Manicure

A gentle hand scrub, nail soak, cuticle work, hand lotion application & nail shaping.

Strengtheners & glossy top coat

£28

Nurturing 'Navy' Luxury Manicure

A hand & lower arm deep exfoliation with warm mitt removal, soak, cuticle work, hand mask, hand & lower arm massage & nail shaping. Strengtheners & glossy top coat

£36

Classic Manicure

Nail shape, soak, cuticle work & normal polish

£32 or £38 with Shellac application

Deluxe CND Manicure

Nail shape, soak, cuticle work, nail/hand scrub, massage, hydrating cream with paraffin wax and normal polish

£43 or £49 with Shellac application

Classic Pedicure

Soak, nail trim & shape, cuticle work, scrub and normal polish

£37 or £43 with Shellac application

Deluxe CND Pedicure

Soak, nail trim & shape, cuticle work, scrub, massage, hydrating cream with paraffin wax and normal polish

£45 or £51 with Shellac application

Without normal polish deduct £3.50 for manicure & pedicure treatments

File & normal polish £22

**IBX nail strengthener
(contact salon for details)**

**Shellac removal with
reapplication £3 extra**

CND Shellac Power Polish

Shellac fingers **£29**

Shellac toes **£31**

Shellac fingers removal & re-application **£32**

Shellac toes removal & re-application **£34**

Shellac removal without re-application **£11**

French gel polish extra **£6**

Glitter application additional **£5** for full set or **60p** per nail

CND Plexigel

Reflexology and 'Relax the Sole' treatments also available

WAXING

Natural waxes remove hair, leaving skin smooth, avoiding stubbly re-growth.

Full leg wax (Inc. classic bikini) £38

Full leg wax (Inc. high bikini) £41

Full leg wax (without bikini) £35

Half leg wax £21

¾ leg wax £27

Classic bikini wax £16

Traditional high bikini £18

Underarm wax £12

Lip or chin £12

Lip and chin £18

Eyebrow wax £12

Forearms £24

Back wax from £32

Waxing Combinations

Half leg wax, classic bikini, underarms £43

Full leg wax, classic bikini, underarm £47

Female Intimate Waxing

Hollywood (total removal) from £39

Brazilian (left with a strip) from £37

Californian (high bikini wax) from £28

EYE TREATMENTS

Lifting, Tinting and Shaping

Eyelash tint £19

Eyebrow tint £14

Eyelash & eyebrow tint £27

Eyebrow tidy £12

Eyebrow tint & tidy £22

Eyebrow reshape & tint £26

Eyebrow reshape £16

Eyelash tint/eyebrow tint & tidy £34

Lash Bomb lash lifting with tint £39

Add an eyebrow wax/tidy to any of our listed treatments for £10

A patch test is essential 24-48 hours prior to first tint and lift appointment

TANNING

Sienna X spray tanning

Full body £29 Half body £24

Discounts available for 2 or more persons

SPECIALISED FACIALS

DermaCo Pro VX System

A six in one system that allows the therapist to design a personalised treatment procedure for each individual client's requirements.

The machine offers affordable solutions including Thermotherapy, Diamond Tip Microdermabrasion, Ultrasound, Biolift (non surgical face lift), LED Light Therapy and hot/cold therapy.

Single session 30 minutes £35

*Course of 6 £180**

Single session 60 minutes £55

*Course of 6 £280**

Single session 75 minutes £62

*Course of 6 £320**

DermaCo treatments can also be used on other parts of the body.

Please ask one of our therapists for more information

***Courses need to be used within 6 months of purchase**

Add a 15 minute back, neck & shoulder massage to any facial for just £10.00

Advanced Fusion Facial

Using galvanic, high frequency & Dermaco. An intensive 'MOT' for the face, anti-ageing, de-congesting and anti-bacterial
1 hour 10 mins £60

Dermaplaning Express

Includes a cleanse, tone and moisturise
30 mins £34

Dermaplaning Deluxe

As above plus shoulder massage, luxury mask, serums & soothing ice globes to relax
60 mins £48

Made for Life Organic Treatments

Lovingly created to nourish the body, mind & soul for the ultimate relaxation. The products are developed for even the most sensitive skin from 100% organic botanicals.

Relax & Rejuvenate Uplifting Facial

A combination of massage techniques from to help lift and tone. The skin is cleansed using a balm, exfoliated with a combination of chamomile flowers, rose petals and calendula. A rose and vanilla face oil helps to rejuvenate and hydrate the skin

1 hour £56

Mini Radiance Facial

Eliminates congestion returning normal moisture to the skin. Restores natural luminosity to the skin

40 mins £38

FACIALS

Sea Magik Pro Facials (formerly Spa Find)

Hydra Boost Refresher Facial

This facial provides all the benefits of our full facial treatments in an express time frame allowing you to achieve beautiful skin health fast

30 mins £32

Peaceful Seas Nurturing Face shoulder and scalp ritual

(Formerly Spa Find Mud Facial)

A deeply relaxing and warming experience with a melting neck and shoulder massage/targeted pressure point facial massage sequence/lifting eye massage and aromatherapy warm oil scalp massage. The ritual is finished with an application of warmed seaweed scalp mud.

55 mins £48

NEW Yogassage Signature Sculpting Seaweed Facial

A pro-ageing double mud seaweed facial with yoga inspired facial massage to lift tone and sculpt.

75 mins £58

NEW Soothing Hot Oil and Mud Seaweed Scalp Massage

Soothes and restores scalp health. Eases tension in your head and neck. Leaves your hair feeling soft/nourished and hydrated with renewed volume.

25 mins £30

Ocean Glow Feel Good Facial (Formerly Youthful You Facial)

Featuring a results driven peel off algimud mask your skin will be given an extra boost of hydration and nourishment for a long lasting youthful glow

65 mins £52

Eve Taylor Aromatherapy Facials

Includes cleanse/tone/exfoliation/mask/hydration & massage

*Mini treatment **30 mins £30***

*Face shoulder & scalp massage using preblended prescriptive oils **50 mins £45***

*As above with aromazone steam/prescriptive peel off mask and specialist serums **75 mins £56***

BODY MASSAGE & SIGNATURE TREATMENTS

Swedish Body Massage

Back, neck & shoulders

25 mins £30

40 mins £38

Full body 1 hour £52

Hot Stone Massage

Back, neck and shoulders

40 mins £39

Full body 1 hour £56

Lava Shell Massage

Warming back treatment combined with aromatic oils and techniques

Back, neck and shoulder

40 mins £40

ThermaBliss full body & scalp

1 hour 5 mins £60

Divine Escape Massage

A combination of deep tissue, lomi lomi, swedish and trigger points. Heated eye mask included.

Full body & scalp massage.

1 hour 15 mins £62

Back, neck, shoulder and scalp

45 mins £40

Pregnancy Massage

A nurturing & effective massage, tailored to the specific needs of the 'mum to be' using gentle and unscented oils

30 mins £34

1 hour £52

Prescriptive Aromatherapy Treatments

Pure oils blended individually for each client and applied using specialised massage techniques.

Full body massage including face & scalp

1 hour 20 mins £61

Full body massage excluding face.

1 hour 10 mins £56

Back, neck & shoulder massage

40 mins £38

Back, neck, face, scalp & shoulders

1 hour £52

(includes a facial cleanse & tone)

Please Note

Alison, Becky and Jade blend pure oils individually for each client.

Stacey & Holly use pre-blended oils

Indian Head Massage

A powerful seated treatment, with or without oil, massaging the back, arms, neck, head and face

30 mins £34

Reflexology

Preparation of the feet includes hot mitts & exfoliation followed by diagnostics & foot massage

55 mins £45

15 Minute Massage Add-ons £10 each

Foot and lower leg

Face and/or scalp

Hand and lower arm

**'Seasonal Treatments' also available
See our special flyers and posters for more information**

BODY MASSAGE & SIGNATURE TREATMENTS

Made for Life Organic Treatments

Lovingly created to nourish the body, mind and soul for the ultimate relaxation.

Relax into Radiance

A luxurious oil prepares the body for an invigorating head to toe exfoliation using a lemongrass and marigold body scrub. A facial concludes the treatment to cleanse and hydrate, while a head massage clears and calms the mind

1 hour 20 mins £64

Organic Body Scrub

The body is smoothed and polished using a lemongrass and marigold body scrub

30 mins £34

Back to Life

Warm oil is drizzled over the back followed by a gentle exfoliation. Hydrating body balm is melted onto the back to release tension. This treatment also includes a scalp massage

45 mins £40

Re-hydrate & Nourish

A bespoke treatment. Invigorating body brushing, warm oil drizzled over your body. Wrapped up in a warming foil blanket, enjoy a nourishing mini facial, with a face & scalp massage. Finished off with a relaxing body massage leaving you refreshed & your body hydrated

1 hour 20 mins £62

Relax the Sole

A warm foot soak followed by a salt scrub. Hot oil foot mask with a relaxing scalp massage. A soothing foot and leg massage completes the treatment

45 mins £38

Pedi/Reflex

A combination of our classic pedicure and reflexology treatments, created exclusively for you, by us

1 hour 30 mins £65

Hopi Ear Candles

Soothe and relieve ear and sinus conditions, includes a face, head and ear massage

45 mins £36

THE GARDEN RETREAT PAMPER PACKAGES

The Bluebell

Back to life • Reflexology 1 hour 40 mins £76

The Lilac

30 min Eve Taylor facial • Hot stone back massage 1 hour 15 mins £63

The Violet

Relax the sole • 25 min back neck and shoulder massage 1 hour 10 mins £62

Opening Hours

Monday:	Closed
Tuesday:	10:00am - 4:30pm
Wednesday:	9:30am - 5:30pm
Thursday:	10:00am - 7:00pm
Friday:	10:00am - 7:00pm
Saturday:	9:00am - 2:30pm

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